

SUMMER PROGRAMS

BEGINNER TENNIS



Join us for beginner tennis lessons at the lake this spring. You'll learn a ton in 6 classes such as forehand & backhand drives, volleying, game play and much more!

*Bring your own racquet.

Junior Tennis (6-8)
Youth Tennis (9-11)

WEEKDAY(S)	RUND DATES	TIME	COST
ST1 Mon, Wed	June 5- 21	5:30 - 6:30pm	\$120

Teen Tennis (12-14)

WEEKDAY(S)	RUND DATES	TIME	COST
ST1 Mon, Wed	June 5- 21	6:30-7:30pm	\$120

Adult Tennis (15+)

WEEKDAY(S)	RUND DATES	TIME	COST
ST1 Mon, Wed	June 5- 21	7:30-8:30pm	\$120



KAYAKING

Looking for a little adventure? Have fun playing games while learning the basics of kayaking on the lake

Youth (8-12)

WEEKDAY(S)	RUND DATES	TIME	COST
Tuesday	July 11th	12:00-1:15pm	\$45

Adult (13+)

WEEKDAY(S)	RUND DATES	TIME	COST
Tuesday	July 11th	1:30- 2:45pm	\$45

WATER SAFETY

This is a great course to start the year off with your young children or if your child just turned 12 and is getting their first lake card! Learn the basics of water safety, made for Arbour Lake!

WEEKDAY(S)	RUND DATES	TIME	COST
WS1 Wed	July 12th	4:30 - 5:30pm	\$15

AGES 5-12 *PARENT PARTICIPATION REQUIRED FOR 5 YEAR OLDS

STAND UP PADDLEBOARDING



come out for a fun afternoon session to learn the basics of this full body water workout.

Youth (8-12)

WEEKDAY(S)	RUND DATES	TIME	COST
Monday	July 10th	12:00-1:15pm	\$45

Adult (13+)

WEEKDAY(S)	RUND DATES	TIME	COST
Monday	July 10th	1:30 - 2:45pm	\$45

Register at our lake office
Starting March 25th

For more info:
www.arbourlake.com
info@arbourlake.com
403-241-2628

