

SWIM PERMISSION SLIP 2023

CHILD'S NAME: _____ DATE: _____

I give permission for my child to swim at the following locations:

- Southland Leisure Centre (only for "Under the Sea" camp week)
- Riley Outdoor Pool (only for "Strike Out!" camp week)
- Arbour Lake (for all camps weeks)

Please Pack your child's swimsuits and towels on swim days.

Please give us information regarding your child's water skills:

- No experience with water
- Has been in water with no formal instruction
- Has taken the following classes: _____

Does your child usually wear floatation devices while in water? _____
(this would include water wings)

Swim Test Procedure:

- **All children under the age of 8 will wear a lifejacket at all times (no swim test needed)**
- 8yrs-12yrs: Beginning in shallow water to the designated 25m mark (swim skill – non-stop swim in any method), Max rest is 2 x per swim

I give permission for my child to take the swim test at Arbour Lake

- YES
- NO

If child does not complete or fails a swim test , then they must wear a lifejacket.

Information regarding the swimming rules:

POOLS (recommendations)

- 5yrs-7yrs: always accompanied in the water (with life jacket) – No assessment required
- 8yrs: kids who are comfortable in the water and passed swim test can swim 15 meters away without a life jacket (around 20 steps from counsellor)
- 9yrs or above: who pass the swim test can swim without a life jacket (staying in a group with a counsellor at a close distance)

ARBOUR LAKE:

- 5yrs -7yrs: cannot pass the swim line (must ALWAYS wear life jacket if the water goes past their ankles)
- 8yrs-12yrs: who passed the swim test, do not need a life jacket at all. Can pass swim line (with a counsellor at a close distance)
- 8yrs-12yrs: who did not pass their swim test, must wear a life jacket past their knees

I have read and agree with the swimming rules listed above:

YES

NO

Any other information you would like to provide:

Parent or Guardian Signature

Date